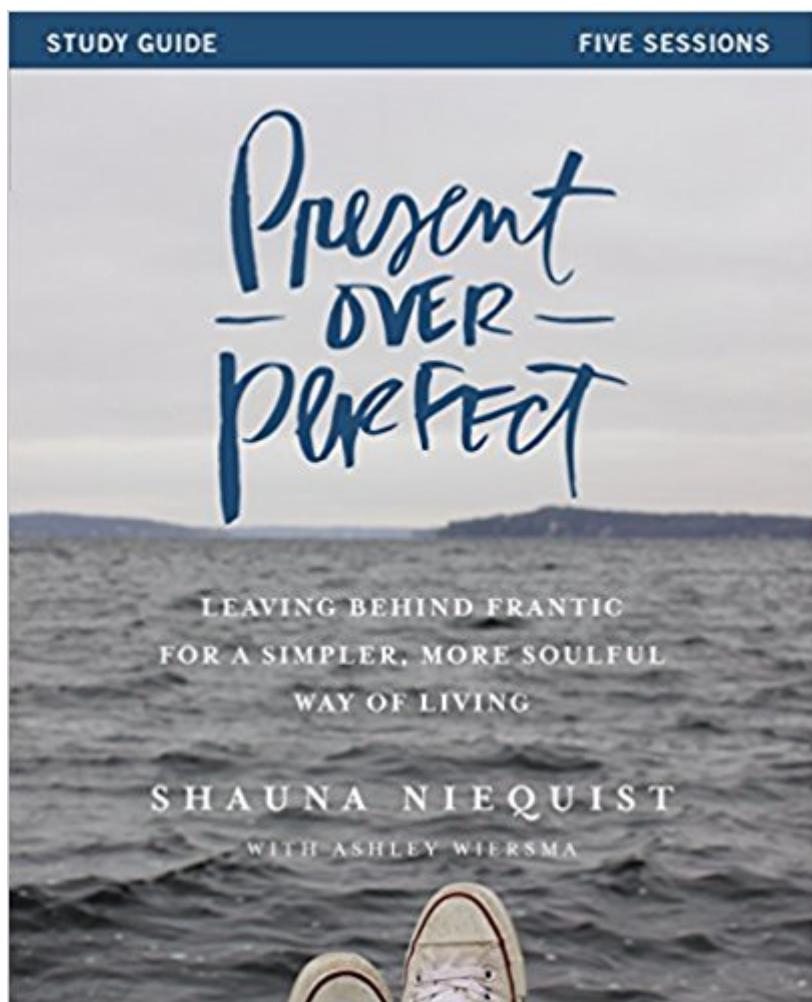


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# Present Over Perfect Study Guide: Leaving Behind Frantic For A Simpler, More Soulful Way Of Living



## Synopsis

In this five session video Bible study (DVD/digital video sold separately), New York Times bestselling author Shauna Niequist invites you on a journey that changed her life. She will walk a path with you, a path away from frantic pushing and proving, and toward your essential self, the one you were created to be before you began proving and earning of your worth. Shauna will help you begin leaving behind busyness and frantic living and rediscovering the person you were made to be. Present Over Perfect is a hand reaching out, pulling you free from the constant pressure to perform faster, push harder, and produce more, all while maintaining an exhausting image of perfection. She offers an honest account of what led her to begin this journey, and a compelling vision for an entirely new way to live: soaked in grace, rest, silence, simplicity, prayer, and connection with the people that matter most to us. The study guide includes first thoughts, video notes, group discussion questions, practicing presence reflections, and solo work for you to complete between sessions. Sessions include: Pain Points The Roles We Play Yes, And No Unflashy, Unspectacular, Good Living the Love Designed for use with the Present Over Perfect Video Study. 9780310816034 (sold separately).

## Book Information

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## Customer Reviews

Shauna Niequist is the author of Cold Tangerines, Bittersweet, Bread & Wine and Savor. She is married to Aaron, and they have two wild and silly and darling boys, Henry and Mac. They live outside Chicago, where Aaron leads The Practice and is recording a project called A New Liturgy.

Shauna also writes for the Storyline Blog, and for IF:Table, she is a member of the Relevant podcast, and a guest teacher at her church. Shauna's three great loves are her family, dinner parties, and books, and she believes that vulnerable storytelling, hard laughter, and cold pizza for breakfast can cure almost anything. Ashley Wiersma is a freelance writer of spiritual books and curricula. She and her husband and daughter make their home in the foothills of the Rocky Mountains.

I was very disappointed to find that the study guide is utterly useless without the videos. It seems to be based more on the videos than the original book. I feel like I've been "hoodwinked." I guess I won't be facilitating a study at our church after all.

This is a wonderful study book and is filled with heartfelt messages that are very relatable. I purchased the book as well and Shauna Niequist speaks from the heart and although I feel it's geared more for women, I believe many men could relate to it as well.

Was under the impression this was a study guide to go along with the actual book. You have to purchase additional CDs to go along with the study guide. Disappointed.

Great bible study

I bought this to do with a group of ladies. The description said DVD series, it would have been nice to know the DVD is sold separately.

I highly recommend this book if you find yourself being too busy to enjoy life. I've bought 4 copies for friends!

Amazing book. Highly recommend it to anyone...especially moms.

I highly recommend this series for anyone who needs to slow down, or break off anything that keeps them from being in the moment. I got this to go with the dvd series we're watching in a small group, however I highly suggest doing it alongside the book. You don't have to, but you'll get more out of it, in my opinion.

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